

Resilient Playgrounds
Promoting Playground Play Checklist
Doll & Brehm, In press

- There are many different games for children to play
 - There are sufficient numbers of games appropriate for early elementary students: Swings, climbing equipment, sand boxes or digging, areas for chase games
 - There are sufficient numbers of games appropriate for later elementary students: Four square, tether ball, Frisbee golf, soccer, jump rope, kickball
 - Games have not been compromised by poor design or limited availability of equipment
- There is a mix of competitive games (rule-based; like soccer, kickball, basketball) and cooperative games (like jump rope, slides, climbing games)
- There are sufficient numbers of games that can be played in very small groups (2-3 kids) for children who are easily intimidated
- Many of the games provide vigorous physical exercise
- Many of the games provide opportunities for children to take risks and build physical skills
- There are sufficient numbers of games appropriate for children with limited athletic talents
- There are sufficient numbers of games appropriate for children who use wheelchairs or have other forms of disabilities
- Games are spread out across the playground, and there is enough space for children to play without crowding into each other
- Children receive direct instruction in how to play the games
- Recess is long enough for children to become engrossed in a game, but short enough that they don't become bored again
- There are occasional 'game clinics' where one or more adults teaches interested children how to play new games
- Adults regularly join in and lead games with children